



OSHA 10 General Industry Learning Objectives

Following this OSHA 10 training course, students should be able to:

1. Explain the importance of OSHA in providing a safe and healthful workplace to workers covered by OSHA.
2. Apply the OSHA regulations for walking and working surfaces to avoid slips, trips, and falls in the workplace, and recognize safe work practices for installing, maintaining, and using stairs, ladders, and scaffolds.
3. Explain the OSHA requirements for exit routes and Emergency Action plans and describe OSHA requirements for Fire Prevention plans and portable fire extinguishers.
4. Identify safe work practices around electricity, including understanding electrical terms, basic electrical safety principles, and regulations which pertain to electrical safety.
5. Select a variety of PPE based on a workplace evaluation and the types of hazards, and take responsibility for correctly fitting, maintaining, and using personal protective equipment.
6. List the elements of the Hazard Communication Standard and its training program, outline a Written Hazard Communication Program, list requirements for Material Safety Data Sheets and hazardous chemical inventories, and identify hazard warning labels.
7. Identify bloodborne pathogens and common symptoms, and list engineering and work practice control measures that protect employees against exposure to bloodborne pathogens.
8. Identify a confined space, its hazards, and requirements for confined spaces as listed under the Permit-Required Confined Spaces Standard, and duties and responsibilities of confined space workers.
9. Identify hazardous energy sources and use appropriate energy-isolating devices, and describe the procedures for conducting a lockout/tagout.